

Good morning

The following prayer is often called “St. Patrick’s Breastplate” because it seeks God’s protection in a world of both tangible and invisible dangers. Though St. Patrick lived more than 1500 years ago, his prayer asking for God’s protection is just as relevant today. As we wrestle with the unpredictability and uncertainty of our times, we can profitably imitate St. Patrick’s response, which was to RUN TO GOD WITH FAITH IN HIS INFINITE LOVE AND CARE FOR US.