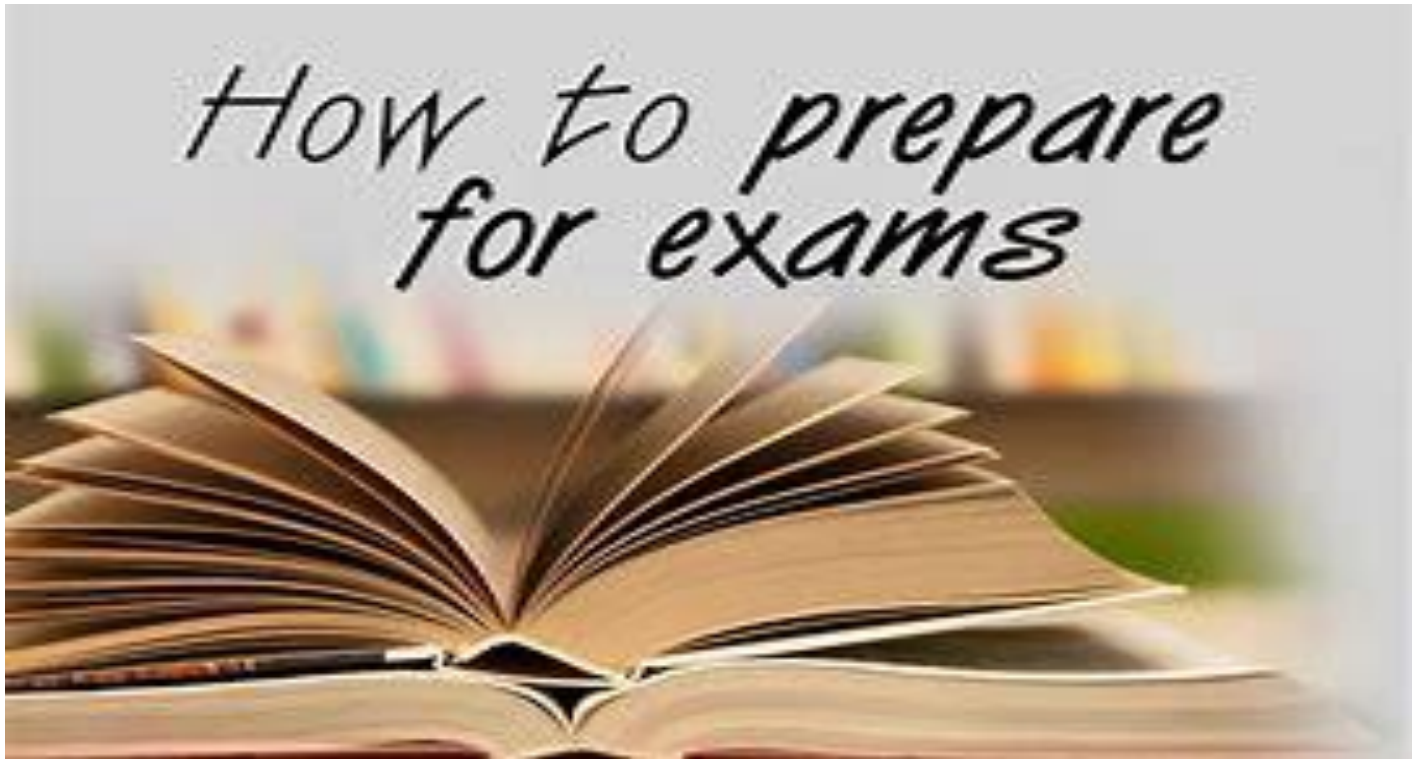


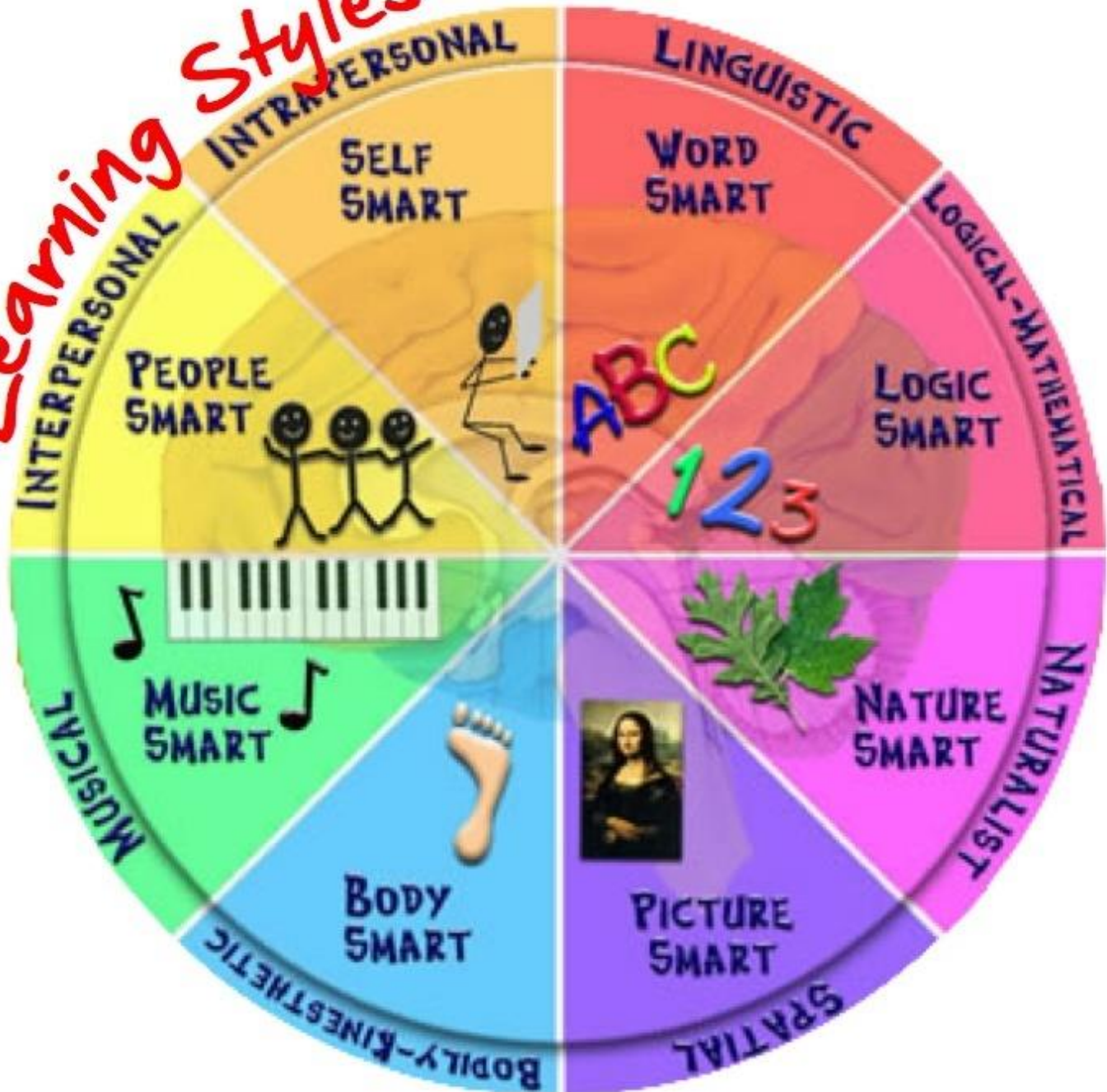


St. Augustine's College  
E-Study Skills Seminar 2020



Elaine Moore Guidance Counsellor St. Augustine's College  
Guidance & Counselling Department

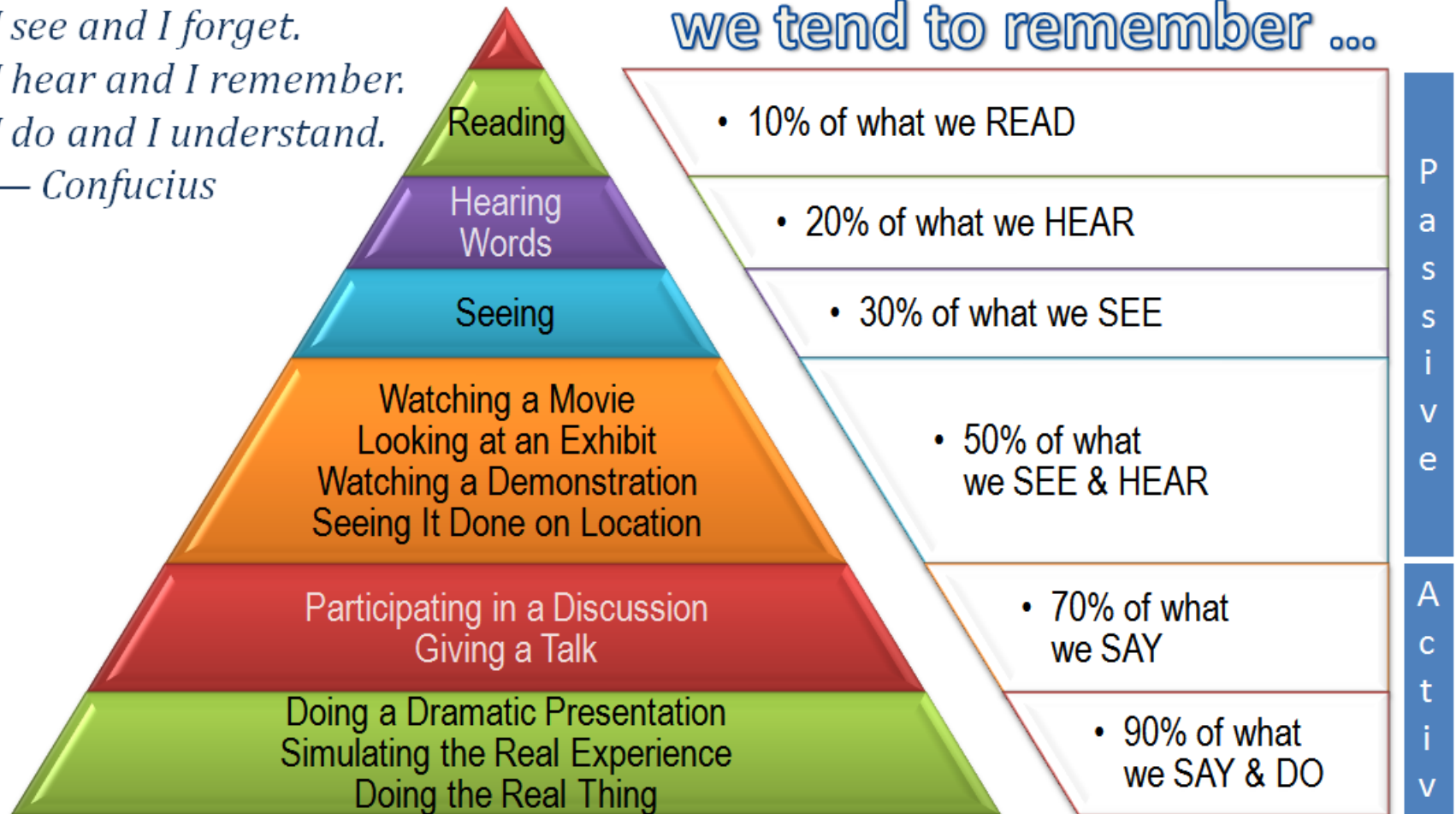
# Learning Styles



# The Cone of Learning

*I see and I forget.  
I hear and I remember.  
I do and I understand.*  
— Confucius

After 2 weeks,  
we tend to remember ...



Source: Edgar Dale (1969)



## Where should you complete school work/study at home?

- Warm
- Well lit (a reading lamp reduces eye-strain)
- Quiet room
- Have a clock or watch nearby (time your sessions).





How To Study  
Effectively For  
Exams



## How to plan your learning at home/ revision:

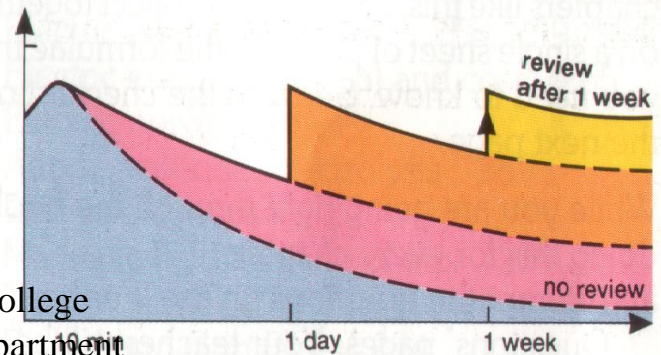
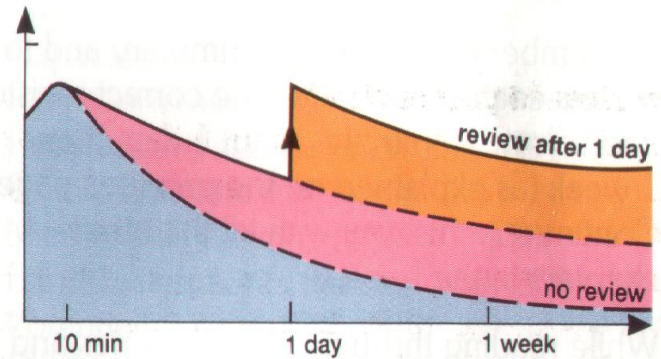
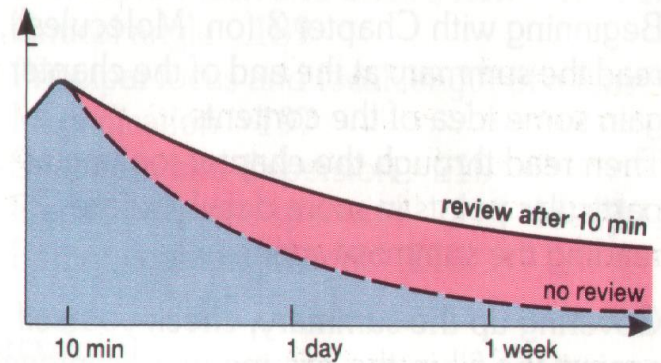
- Have a definite finishing time
- Plan regular breaks
- Get up and walk around during your break
- Drink plenty of water
- Have a tick list of topics to cover
- Gradually aim to summarise your notes.



# How should you revise?

## How to plan your revision cont.:

- Revise the same work again *after 10 minutes*.
- Briefly review the work:  
*after 1 day*  
*after 1 week*.
- This method will fix the work quite firmly into your long-term memory.



# Learning Strategies

Walk n'Talk

Time Line

Flow Chart 1

Flow Chart 2

Brainstorm

Mind maps

Storyboard

Musical minds

Interlocking circles

Doodles

Colour it

Post it

Charting progress

Word games

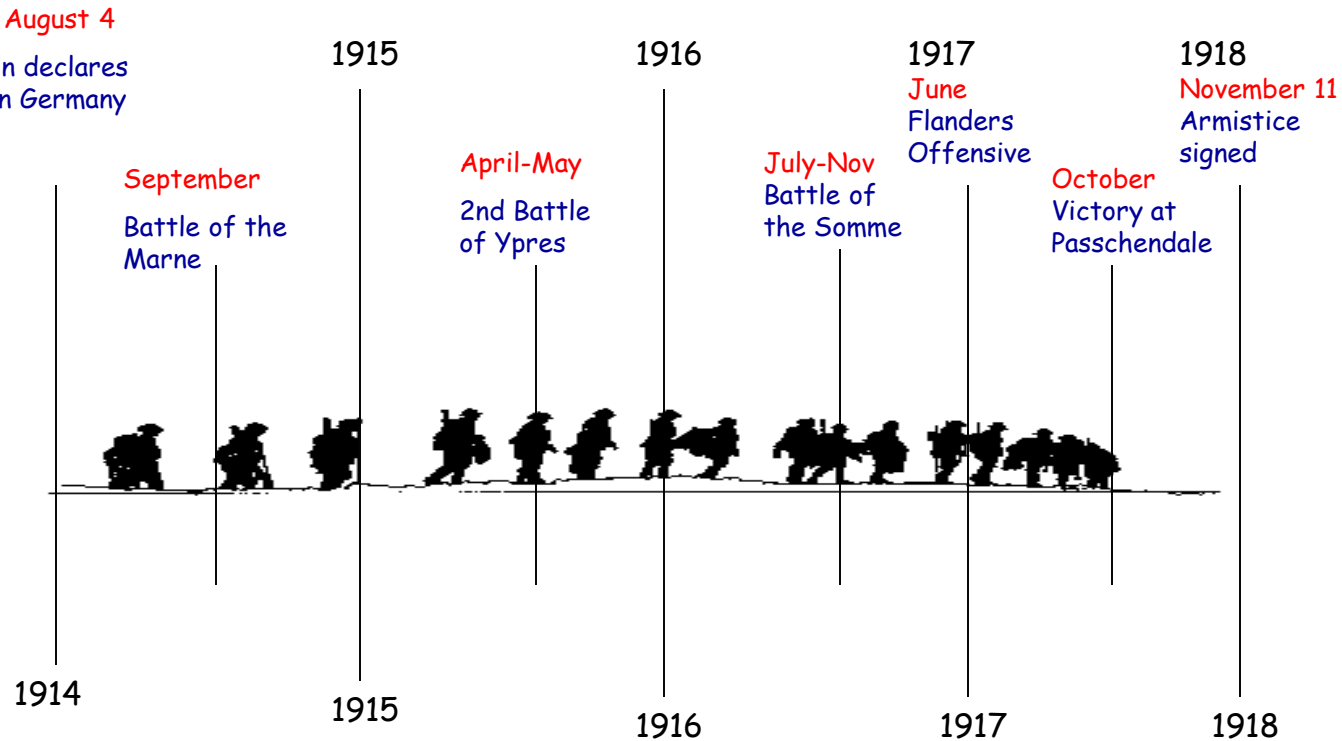
Clock sequence

Annotation

Book mark

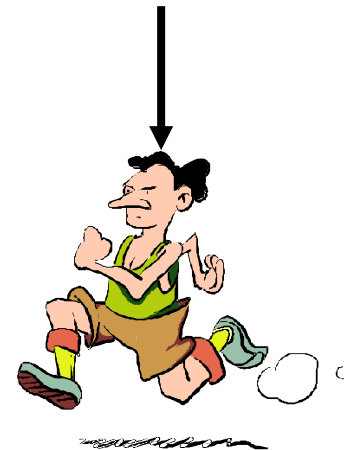
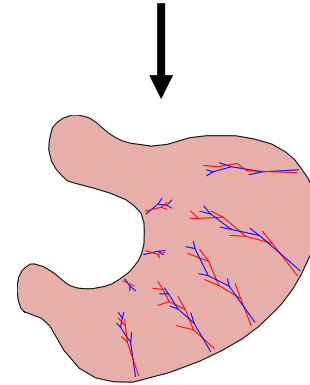
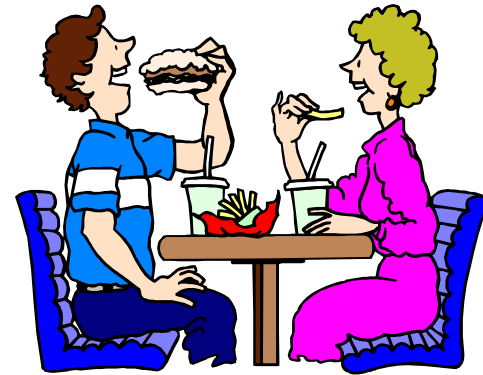
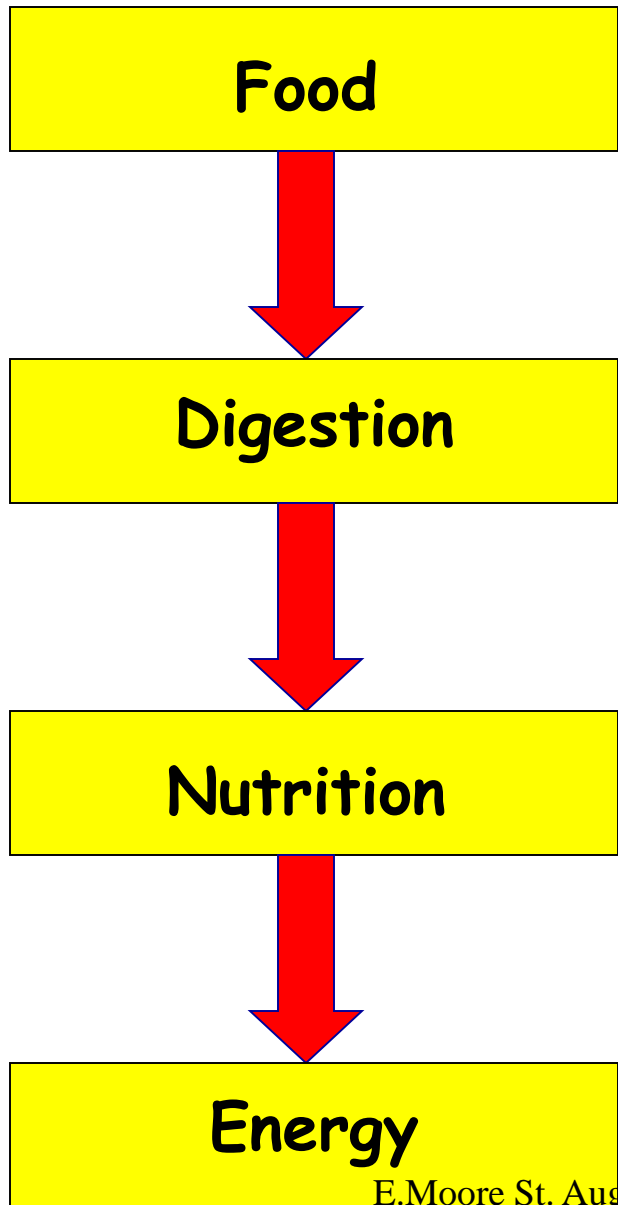
Talk it through

# Time Line



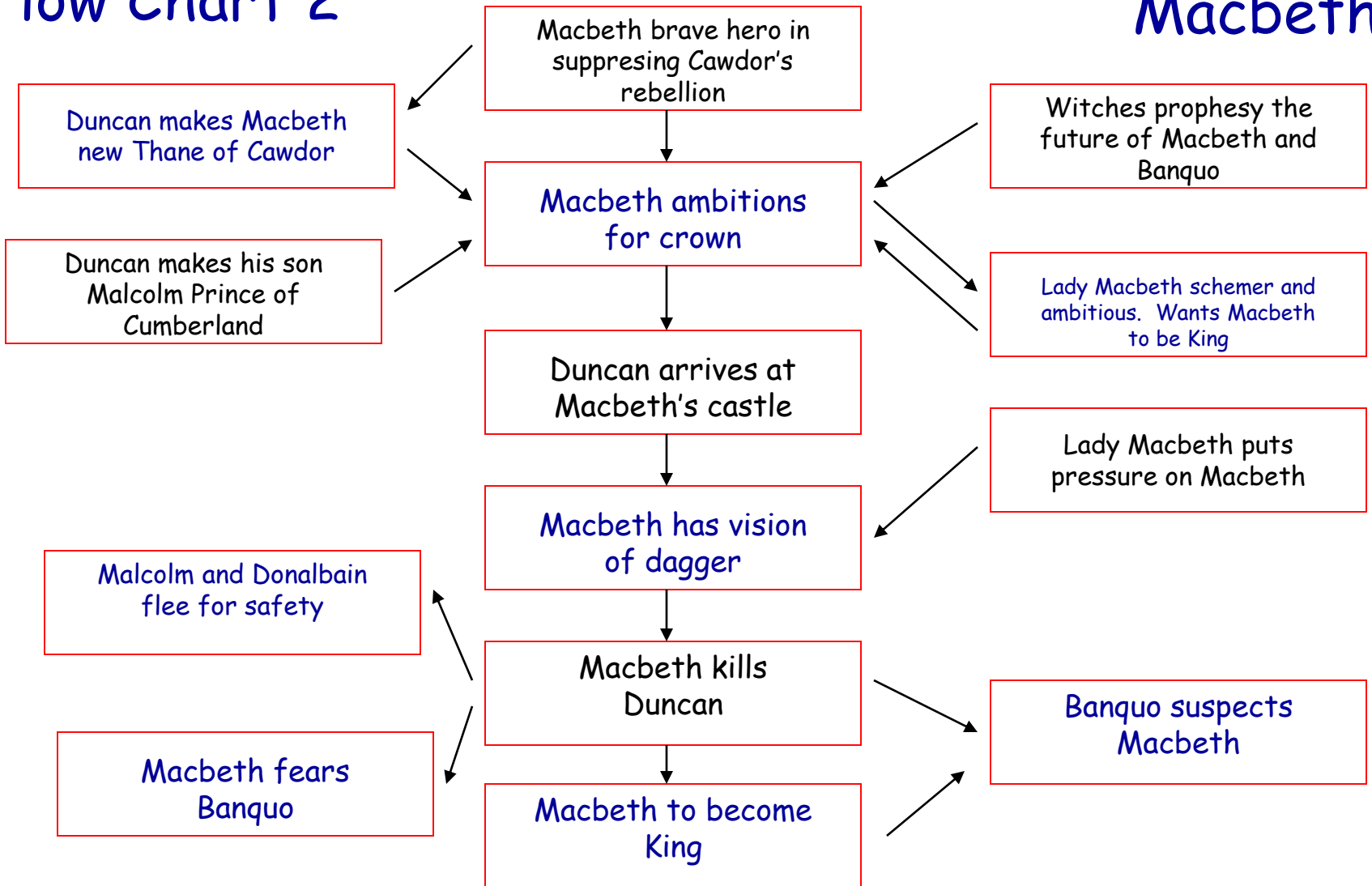


# Use a Flow Chart



# Flow Chart 2

# Macbeth



# Brainstorm

Available ?

Clean ?

Renewable ?

Industries that use them.

Waste products?



Energy Source

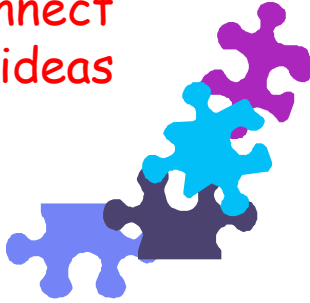
Non-Renewable?

Environmentally friendly ?

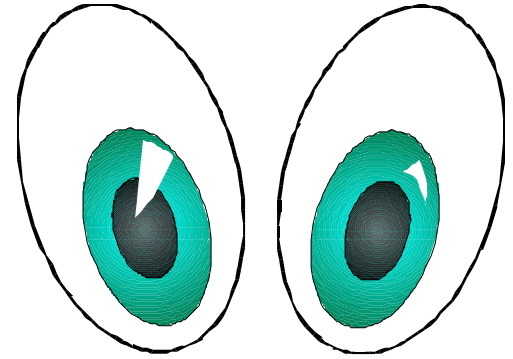


# Mind Maps

Can connect ideas



Make ideas visual



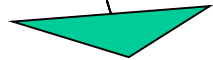
The Advantages of



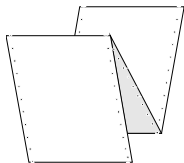
Learning Maps



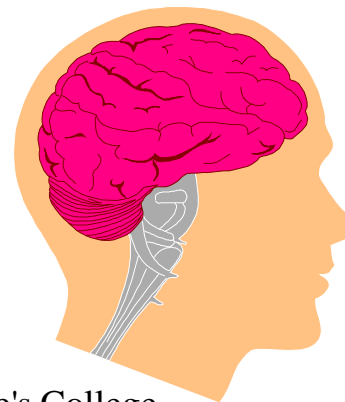
Can replace notes



All on one page

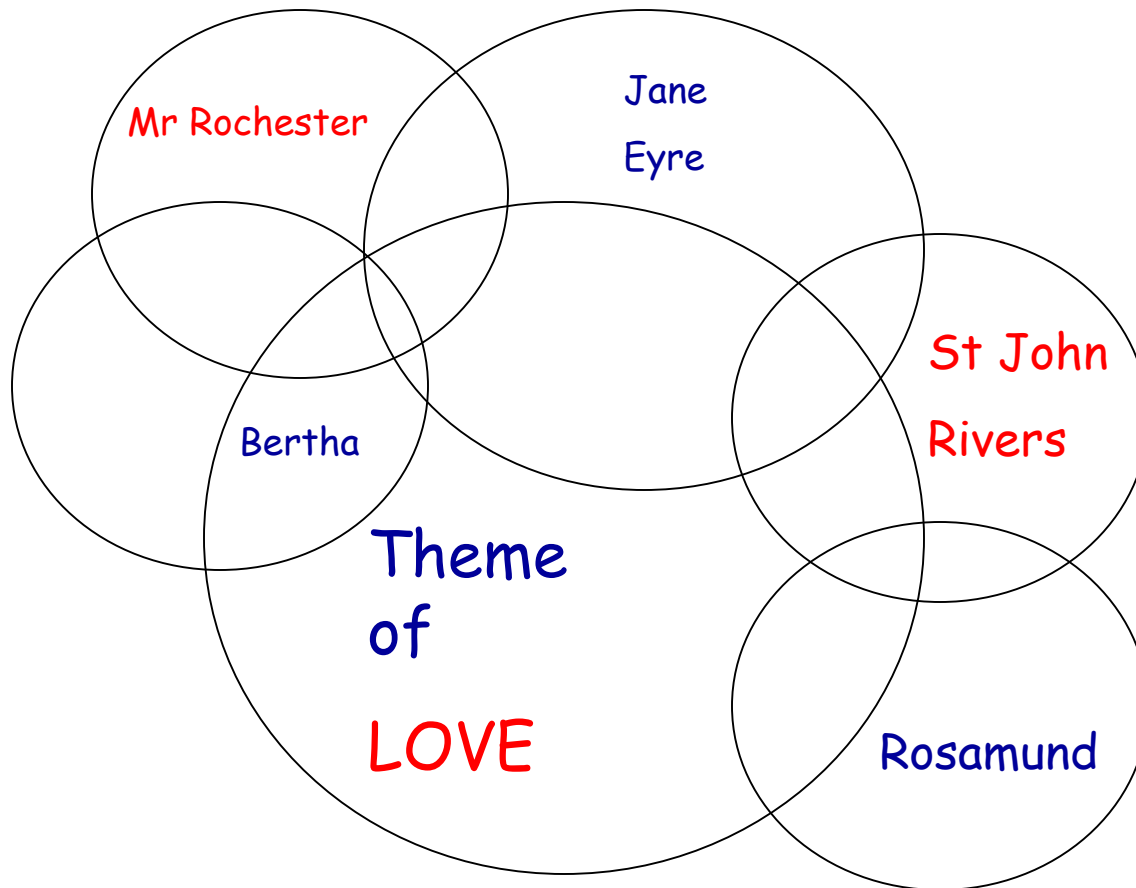


Brainstorm



# Interlocking circles

CHARACTERS CONNECTED BY THE **THEME OF LOVE IN JANE EYRE**



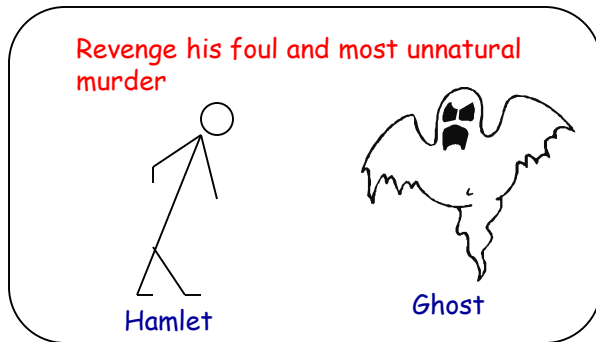


# Draw a Storyboard

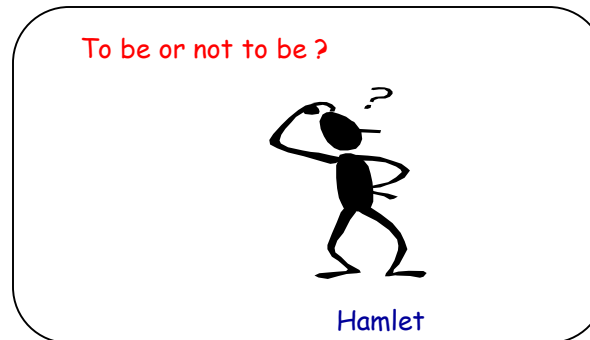
Try sequencing your ideas through drawings on a storyboard. Each sketch shows a key idea or significant moment. You don't have to be an artist. Quick sketches and stick figures are ideal.

## Hamlet

### Act 1 Scene 5



### Act 3 Scene 1



# Doodles

Identify the key points that you wish to learn

Create a drawing to help you fix these key points in your mind

## Verbs

See  
Scowl  
Smell  
Feel  
Eat

Verbs describe movements

twitch

Ear

Nouns are the names of things

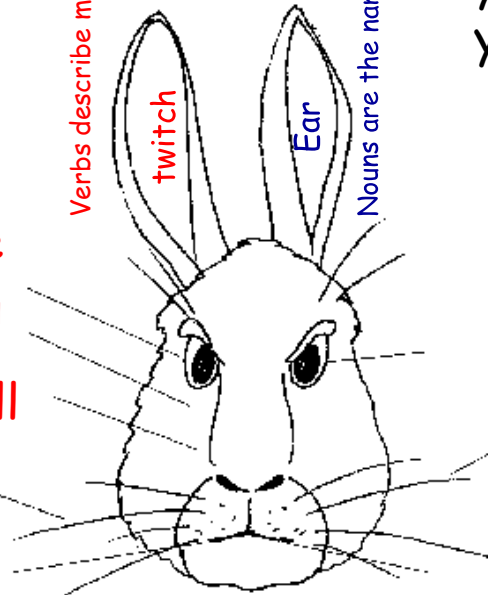
Eye

## Nouns

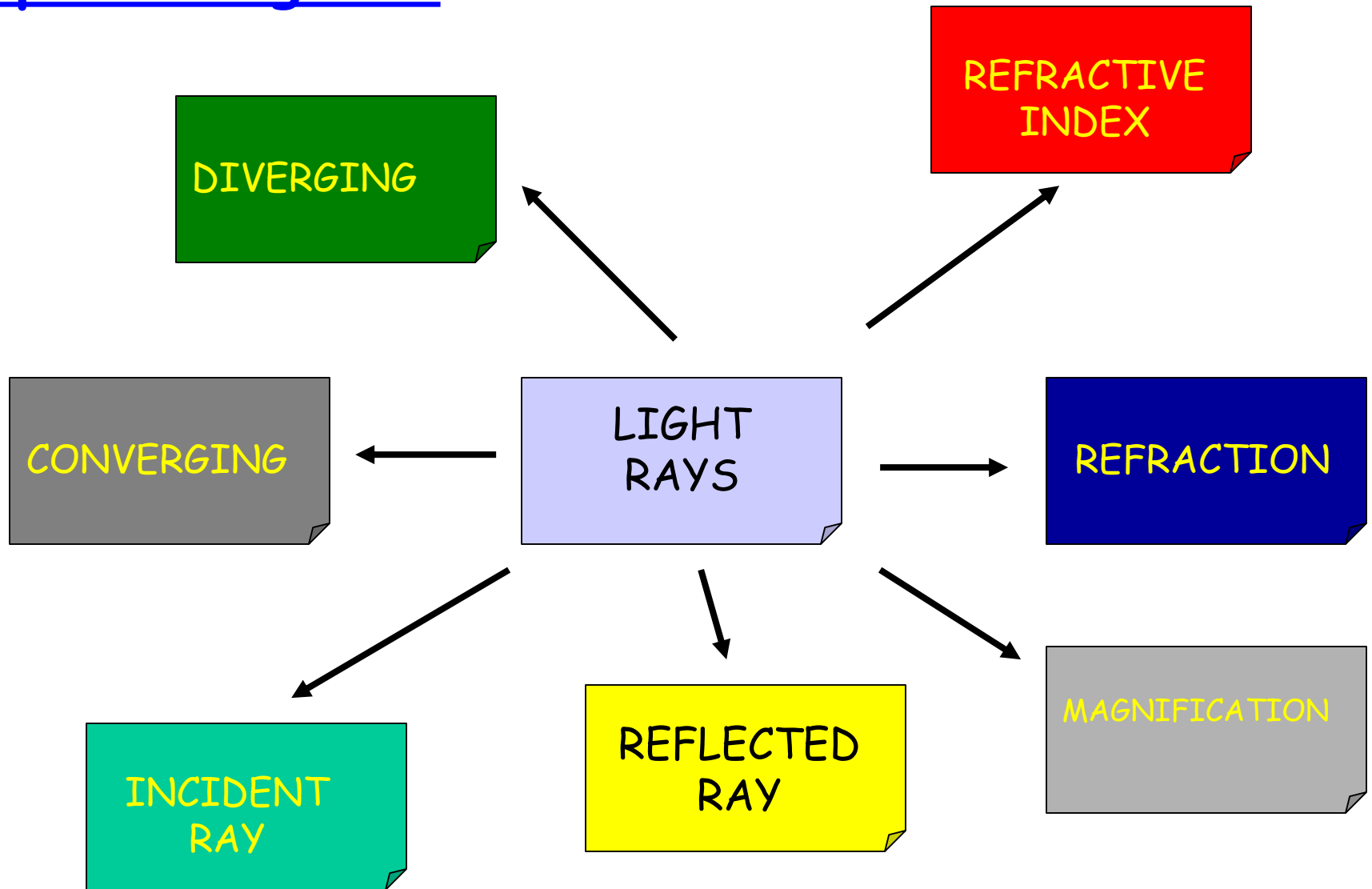
Nose

Whisker

Mouth

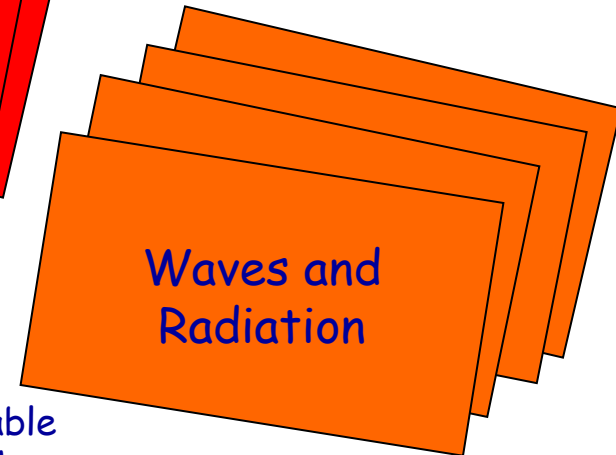
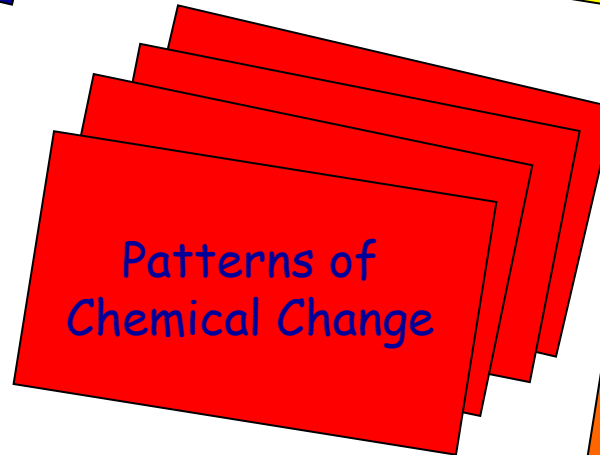
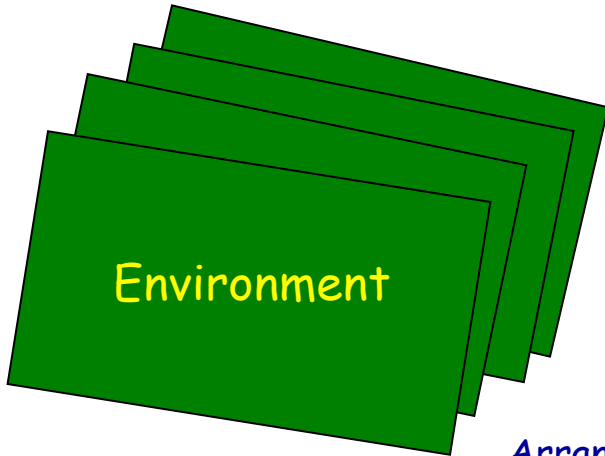
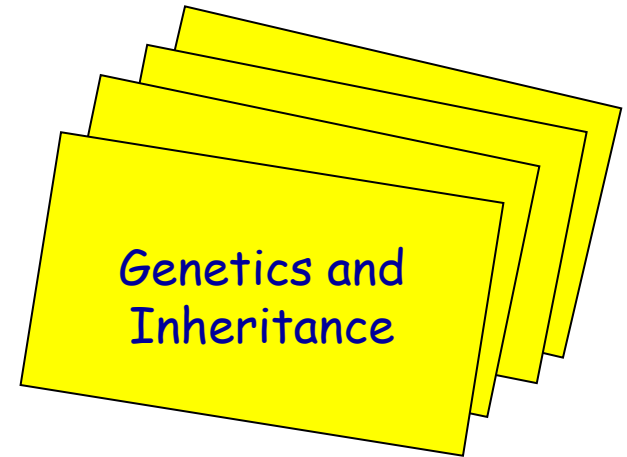
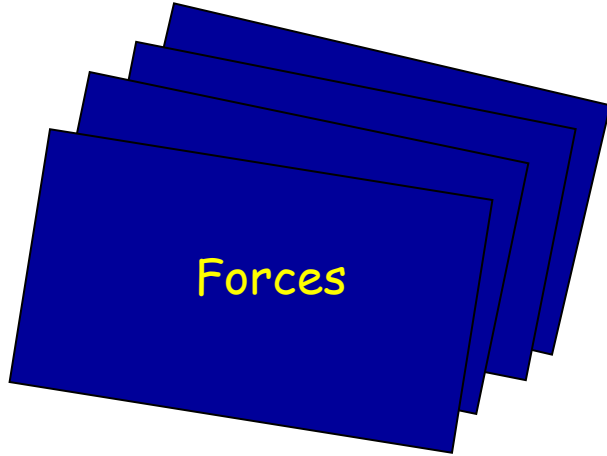


# Spider diagrams



# Colour It

Write key points on  
coloured card or bits  
of coloured paper



Arrange the items on the floor or on a table  
in a way that makes sense to you. Turn the  
pieces of paper over to use as flash cards to  
test yourself



# Mnemonic

Create a tongue twister to sum up the key ideas from a topic - For example:

Macbeth murdered many men madly

Richard Of York Gave Battle In Vain

OR

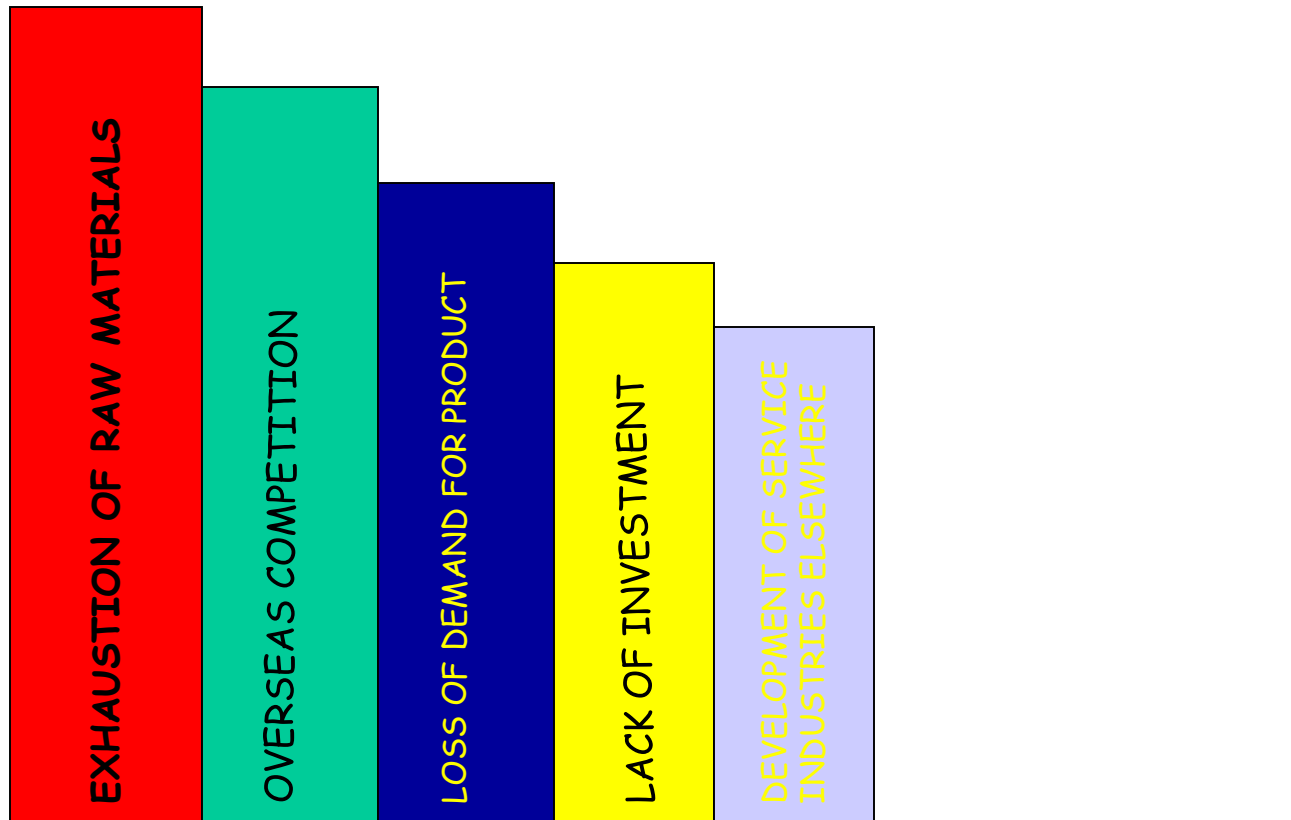
Create a poem using words or phrases which need to be remembered.





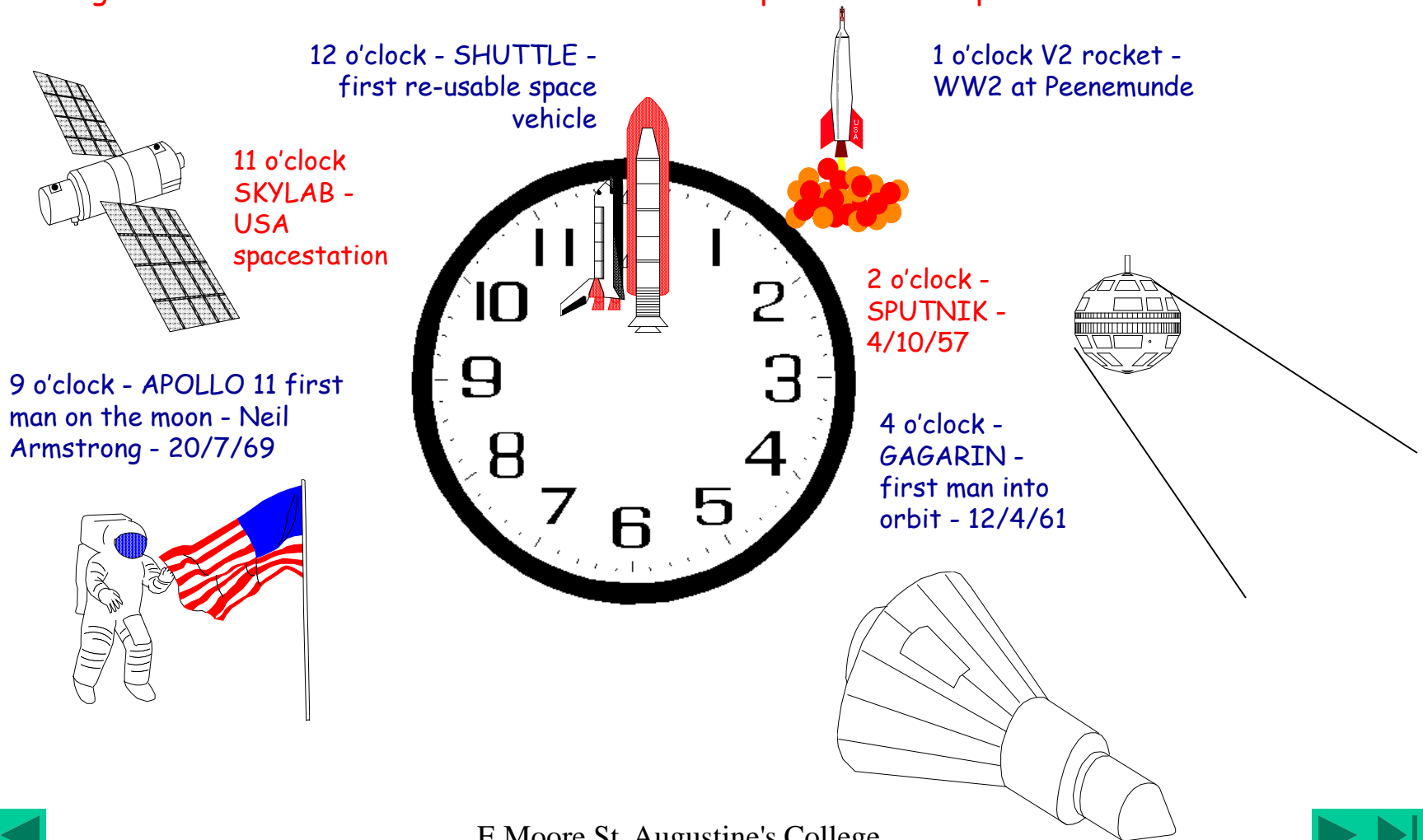
# Charting progress

## Causes of Industrial Decline in South Wales



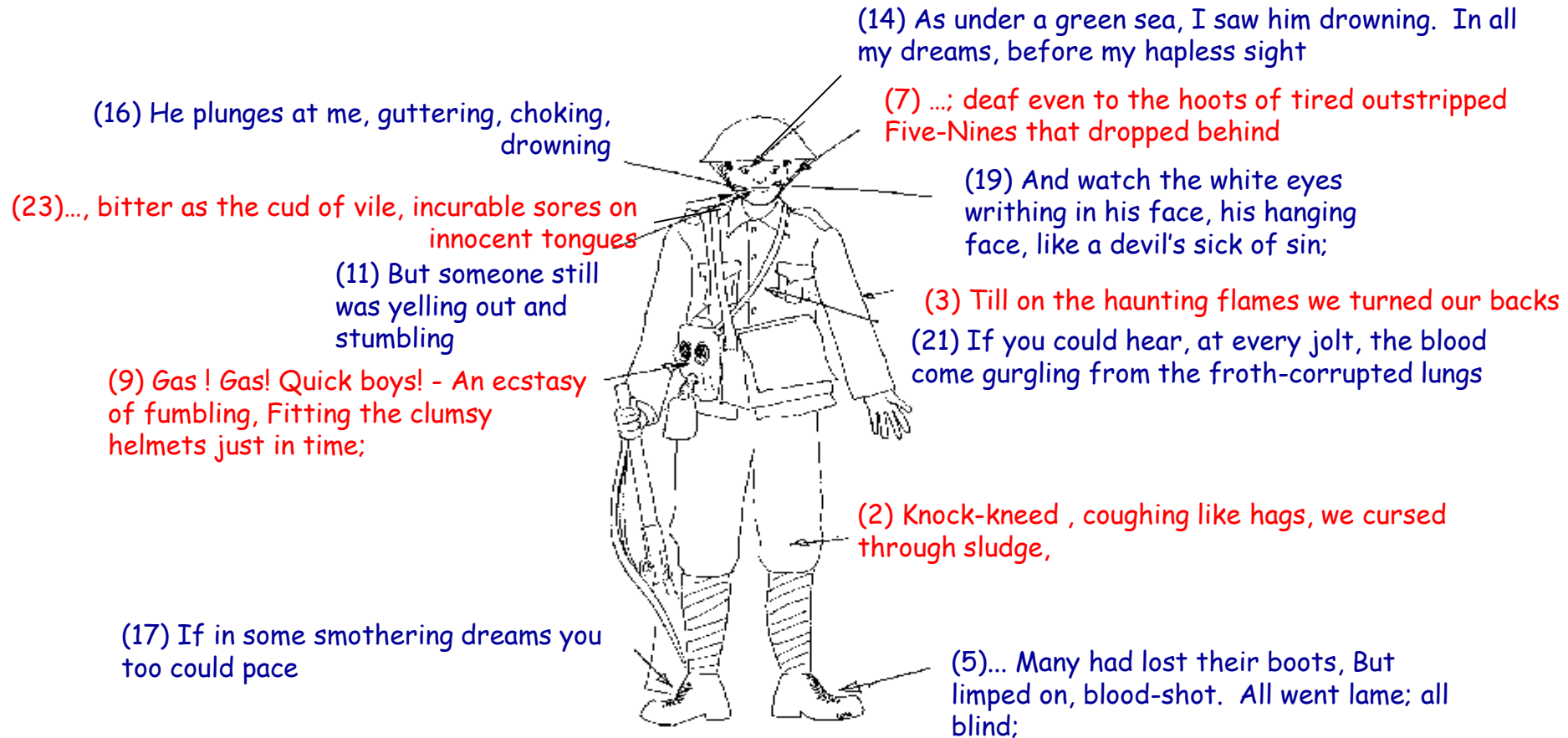
# Clock Sequence

A way of connecting key points to an idea or mental picture that is already familiar to you. For example a clock face can help you sequence key ideas. You don't have to have twelve items. It's the thought that counts. You can remember different parts of the topic as hours on the clock.



# Annotation

## Dulce et Decorum Est by Wilfred Owen



(27) The old lie : Dulce et Decorum est Pro Patria Mori



# Book mark

Make a bookmark with important information written on it and keep it in a magazine or book that you are reading for pleasure.



Glance at the bookmark each time you start and finish your leisure reading.



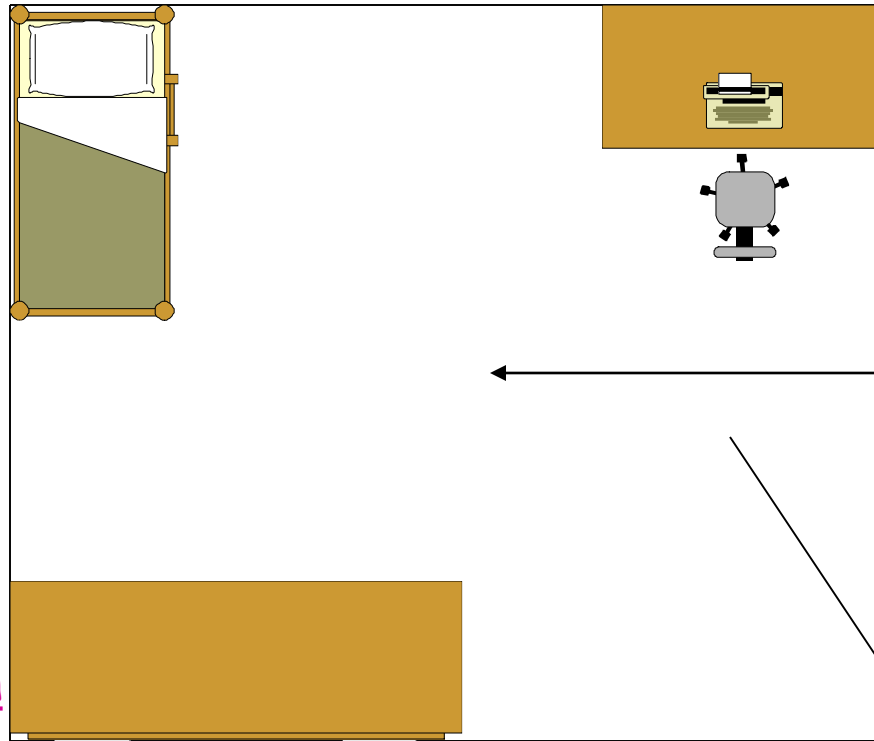
# Walk n' Talk

Take over a room in your house.

Use different bits of furniture for different bits of the topic

Bed - the  
main  
character in  
a novel

Write bits of  
information  
about the  
character on  
pieces of paper  
and lay them on  
the bed



The floor is  
the plot

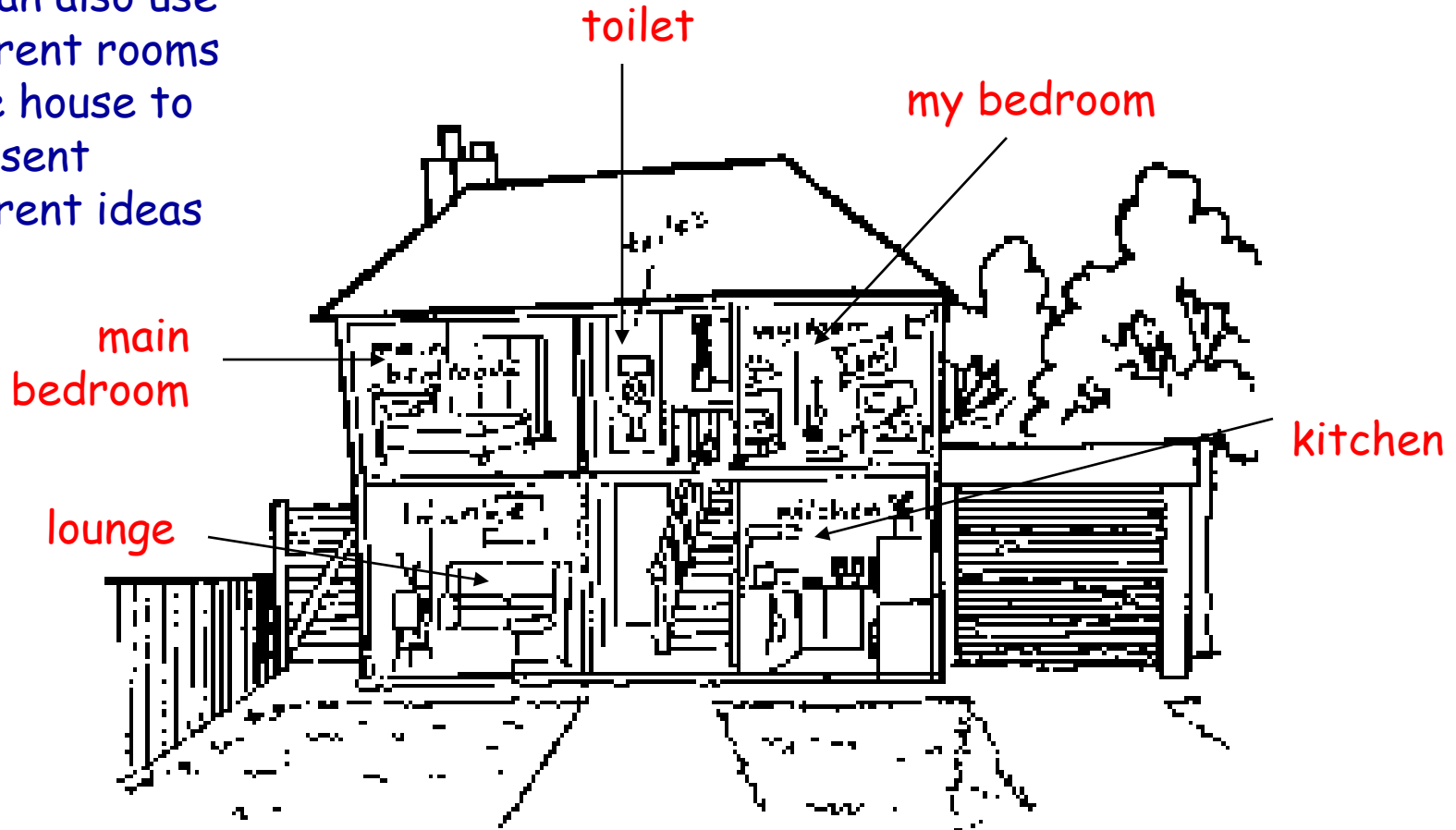
Other pieces  
of furniture  
or areas of  
the room can  
represent  
other  
characters





# Walk n'Talk

You can also use different rooms in the house to represent different ideas



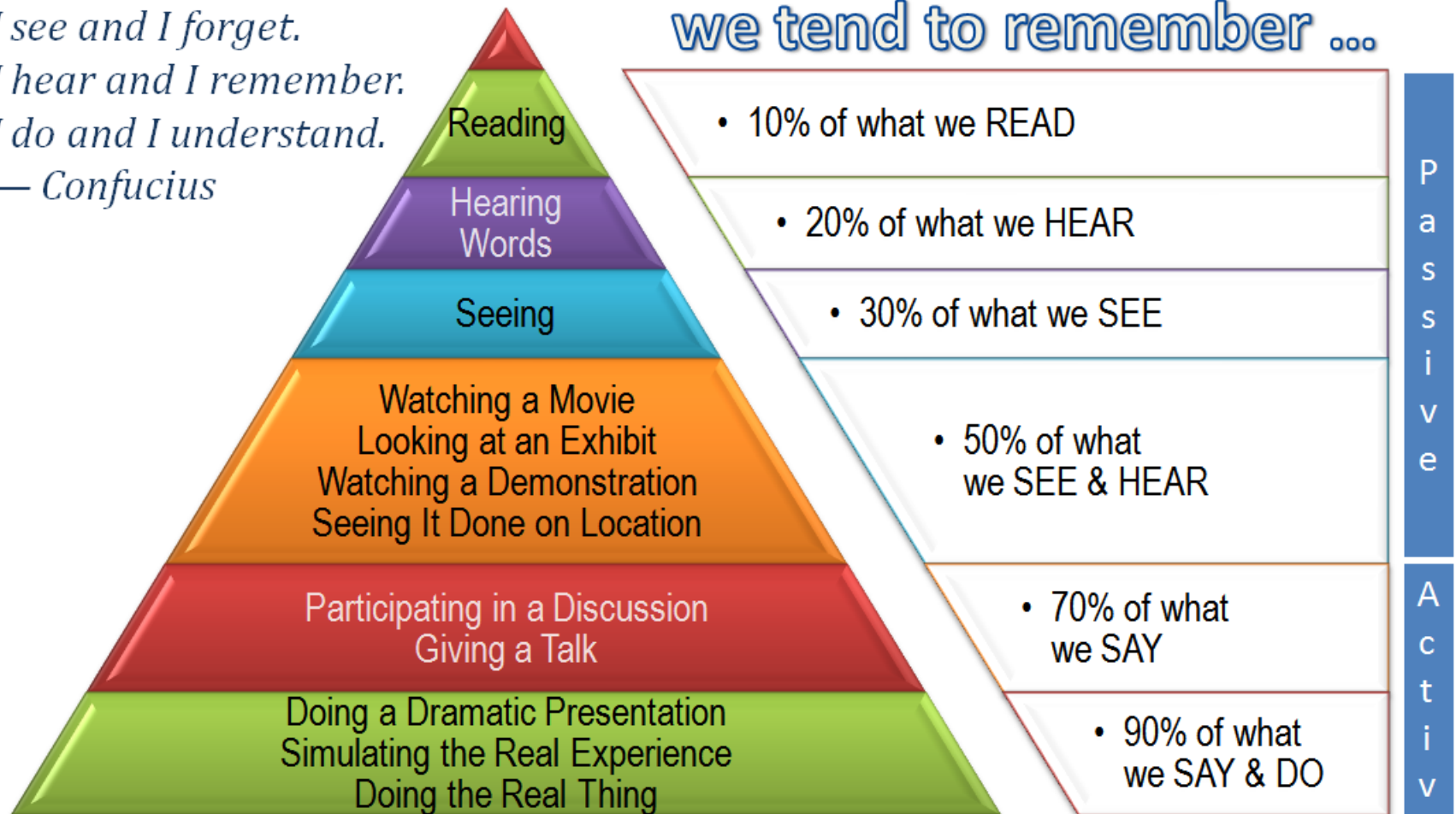
To learn the ideas walk around the room or house, looking at the points you have written. Say them out loud; point to each piece as you speak. Use lots of arm movements



# The Cone of Learning

*I see and I forget.  
I hear and I remember.  
I do and I understand.*  
— Confucius

After 2 weeks,  
we tend to remember ...



Source: Edgar Dale (1969)

There are many ways to learn & revise.

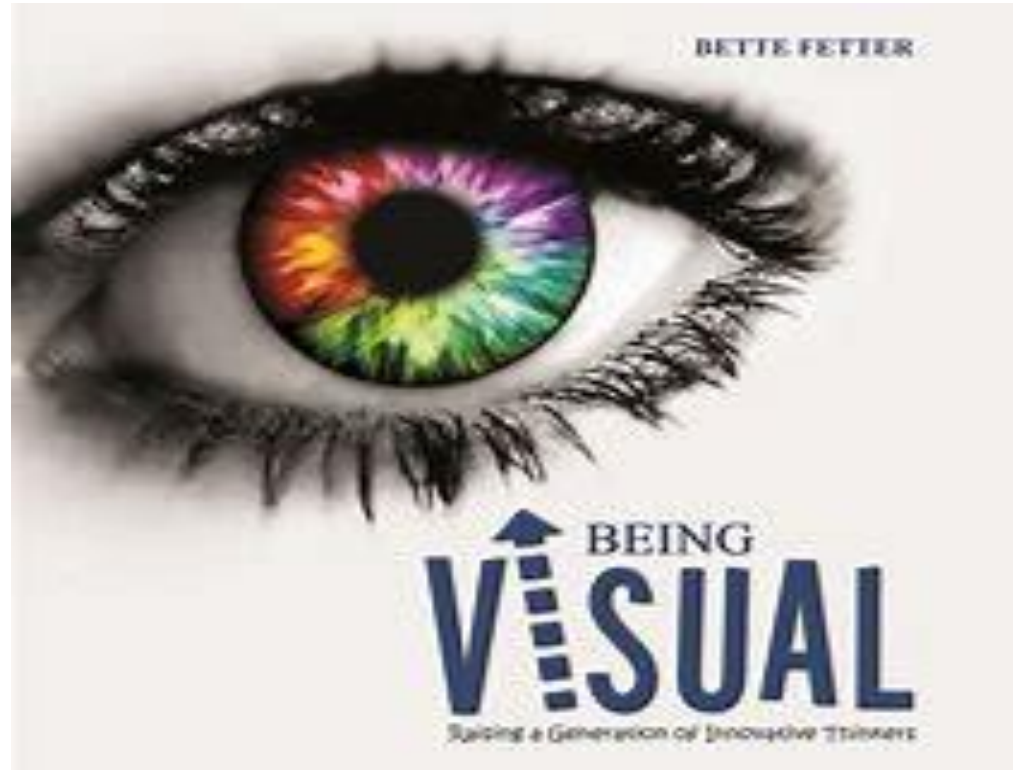
Choose the right way for you!

You have a particular learning style and you should revise using the techniques that will be best for your learning style.

Remember you are either a Visual, Auditory or Kinesthetic learner.

# Visual Learners:

- Maps
- Posters
- Charts
- Spider diagrams
- Cartoons
- Summary notes
- Mental Pictures
- Mind maps



# Auditory Learners:

- Record ideas on tape
- Say keywords aloud
- Tell another person
- Make a presentation
- Get someone to test you.
- Exchange ideas with your friends
- Play quiet, relaxing background music.





# Kinesthetic Learners:

Walk n' talk,

Draw cartoons,

Posters etc.,

Make a model,

Role play/ Drama,

Make a Mind Map,

Write a story,

Annotate diagrams,

Make Cue/Flash cards or bookmarks.



# How to learn/revise at home.

What is a **learning/revision session** ?

Think of a session as a **third** of a day - it could be **3** to **4** hours long

Many people find it helpful to revise for **2** out of the **3** sessions per day.

Here is a possible pattern:

MORNING	Learn	Learn	Free
AFTERNOON	Learn	Free	Learn
EVENING	Free	Learn	Learn



# How to Learn/Revise

What kind of person are you ?



Some students are early birds.

They will definitely want to use the morning session.

Late risers will avoid mornings like the plague !



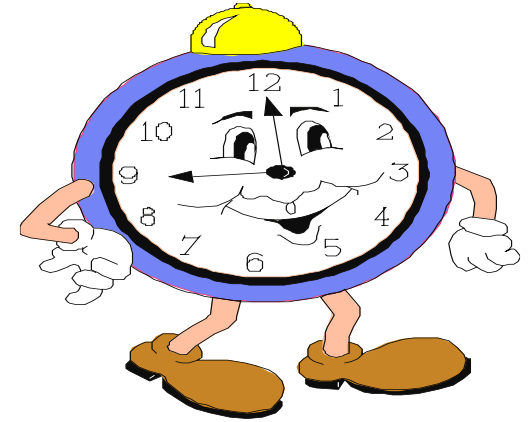
Night owls will do their best revision in the evenings.



# How to Learn/Revise

**Decision One:** For how long should I learn/revise?

Try asking yourself these questions



What amount of time will I need to tackle the tasks ahead of me ?

What lengths of time suit my attention span ?

Answering these questions will help you to create a **time plan**.

*Time is  
Running  
Out*





Every day practice a good routine. This is very important while we are not in school.

**1. AN EARLY RISE !**

**2. Eat breakfast**

**3, Begin revising/completing work assigned to you by your teachers.**

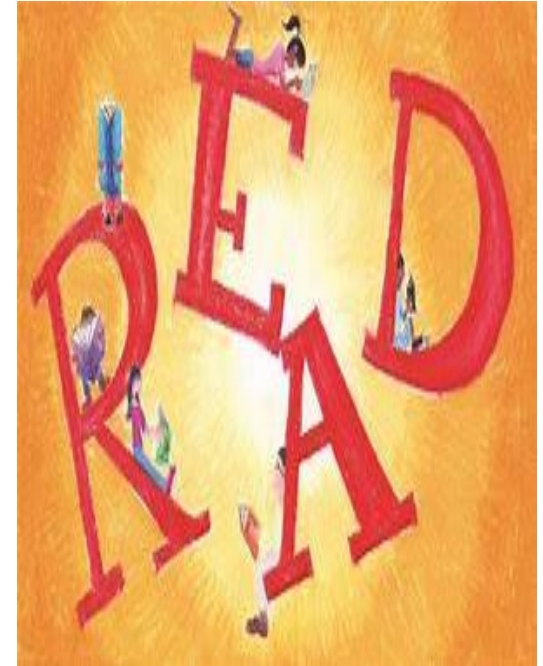


**Read all the instructions**

**If you do not understand - ASK**

**Make sure you know how many questions you need to answer**

**In each subject your teachers will have given you specific instructions.**



# More Information

School website [www.staugustines.ie](http://www.staugustines.ie)

Click on -guidance webpage- articles

Email [guidance@staugustines.ie](mailto:guidance@staugustines.ie)

Twitter - @friaryguidance

