



6th Year Seminar

Best of luck in your leaving certificate examinations in June. The next few weeks are vital and it is so important you maintain your focus and motivation as the countdown to the leaving certificate examination begins.

The leaving certificate examination is not only a test of your academic knowledge, it is also a test of your **ability to perform under pressure, to remain calm and to keep positive.**

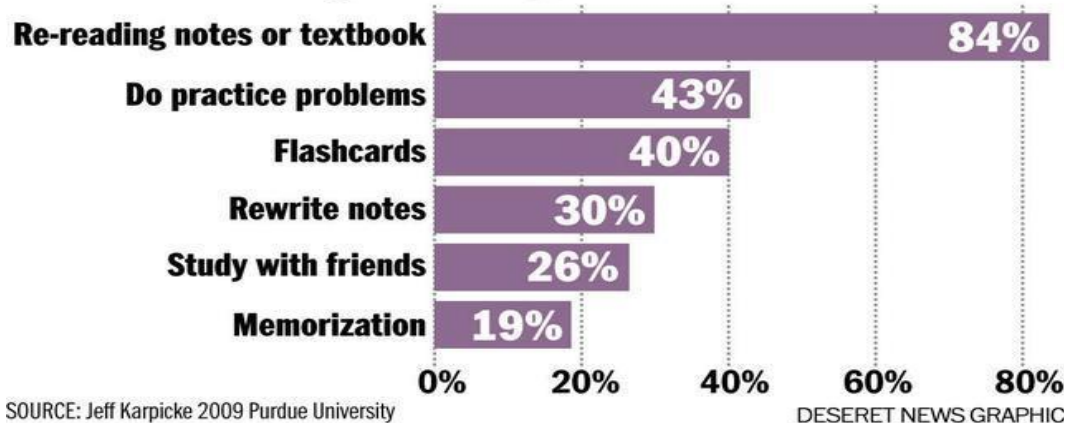
It is important to rest and get a good nights sleep and to eat well, on the lead up to the leaving certificate examinations and this begins now. A tired mind or body will not allow you to be at your best.



Study

- Study for 30-50 minutes at a time.
- Divide topics into parts.
- Don't multitask while learning/studying.
- Study effectively and with a target in mind.
- Take breaks.
- Rotate your subject and give all the subjects equal time.
- Concentrate and if you are not taking in the information, move onto something else, a different subject even and come back to it later.

Common study strategies



Tips for excellent memory!

- Instead of studying late at night, get up early in the morning.
- Do some exercises in the morning, walk, yoga, run etc.
- Keep a regular sleep pattern and ensure to get regular deep sleep.
- Eat breakfast, lunch and dinner.
- Drink water and stay hydrated.
- Control and manage your use of mobile phone, tablets, games, television.

During the Leaving Certificate Exam

Approach each question calmly. Try some of the following:

- Take a deep breath before opening the exam paper and use the first few minutes to read each question on the paper.
- Mark the exam questions you will attempt to answer.
- If you have questions or concerns during the exam, put up your hand and alert the exam attendant.
- Stick to your time allocation for each question. Prior to each exam, work out beforehand, how much time you can allocate to each section/question.
- Don't panic and Don't give up – if you find a question hard, or feel you cannot answer the question, or cannot focus, take a break for a few moments or else start another question.
- Allow time at the end of the exam to review your answers. Sometimes information will pop into your head when you are re-reading your work.
- If you run out of time, bullet point as much information as possible until time is up.
- Keep writing until the very end.

After the Exam

When the exam is over, some of your next steps can include:

- Make sure you hand up everything you need to submit. Drawings, graph paper, extra paper. Ensure your exam number is written down on all sheets of paper submitted.
- When you get home, put the exam paper with your notes and do not do a post mortem.
- Take a short study break, get some downtime before tackling the next subject.
- If you are feeling stressed or worried, talk to someone you trust and ensure to contact a member of the student support team in school.



- It is very important all 6th years firm up their choices for next year. World of work/apprenticeship, CAO,PLC,Ucas,, Eunicas , other.
- Please log onto relevant platform/s and ensure deadlines are met. CAO deadline is July 1st (all change of mind changes must be completed by July 1st. Ucas applicants- please select firm and insurance offers if offers were received and you wish to accept them. PLC applicants- Apply to the PLC college directly and attend interview if applicable.
- Those applying to CAO, please check your emails regularly and please make sure you confirm your details. Your CAO offer depends on it. Image below is what you will see on your CAO. Please click confirm.

You have not yet confirmed your details are correct and complete.

I confirm that I have checked my application account and I have followed the instructions on the Statement of Application Record e-mail.

[Confirm »](#)

Once you are satisfied with the details above - click 'Log Out' to exit.
All details listed above have been submitted to CAO.



Comhairle na Scrúdaíthe Stáit
State Examinations Commission

LEAVING CERTIFICATE EXAMINATION TIMETABLE 2022

Each candidate should note carefully the dates and hours, as fixed on this official timetable, for the examinations in the subjects in which he/she intends to present himself/herself. The Commission will not be responsible for any errors which may occur in the reproduction of this timetable by outside agencies. Candidates are required to be in attendance at least half an hour before the examination begins in the subject in which they first present themselves.

JUNE	SUBJECT	TIME	
		H = Higher Level O = Ordinary Level F = Foundation Level	
WEDNESDAY 8	English, Paper 1	- H & O	9.30 – 12.20
	Home Economics, Scientific and Social	- H & O	2.00 – 4.30
THURSDAY 9	Engineering	- O	9.30 – 12.00
	Engineering	- H	9.30 – 12.30
FRIDAY 10	English, Paper 2	- H & O	2.00 – 5.20
	Geography	- H & O	9.30 – 12.20
MONDAY 13	Mathematics, Paper 1	- H & O	2.00 – 4.30
	Mathematics	- F	2.00 – 4.30
TUESDAY 14	Mathematics, Paper 2	- H & O	9.30 – 12.00
	Irish Paper 1	- H (incl aural)	2.00 – 4.20
WEDNESDAY 15	Irish Paper 1	- O (incl aural)	2.00 – 3.50
	Irish	- F (incl aural)	2.00 – 4.20
THURSDAY 16	Irish, Paper 2	- O	9.30 – 11.50
	Irish, Paper 2	- H	9.30 – 12.35
FRIDAY 17	Biology	- H & O	2.00 – 5.00
	French	- H & O - Written	9.30 – 12.00
MONDAY 20	French	- Aural	12.10 – 12.50
	History	- H & O	2.00 – 4.50
TUESDAY 21	Business	- O	9.30 – 12.00
	Business	- H	9.30 – 12.30
WEDNESDAY 22	Art, History & Appreciation	- H & O	2.00 – 4.30
	German	- H & O - Written	9.30 – 12.00
THURSDAY 23	German	- Aural	12.10 – 12.50
	Construction Studies	- O	2.00 – 4.30
FRIDAY 24	Construction Studies	- H	2.00 – 5.00
	Polish, Lithuanian, Portuguese and Mandarin Chinese	- H & O - Written	9.30 – 12.00
MONDAY 27	Polish, Lithuanian, Portuguese and Mandarin Chinese	- Aural	12.10 – 12.50
	Hebrew Studies, Ancient Greek and Non Curricular Languages (see Note 2)		9.30 – 12.30
TUESDAY 28	Agricultural Science	- H & O	2.00 – 4.30
	Spanish	- H & O - Written	9.30 – 12.00
WEDNESDAY 29	Spanish	- Aural	12.10 – 12.50
	Chemistry	- H & O	2.00 – 5.00
THURSDAY 30	Physics	- H & O	9.30 – 12.30
	Physics and Chemistry	- H & O	9.30 – 12.30
FRIDAY 1	Accounting	- H & O	2.00 – 5.00
	Design and Communication Graphics	- H & O	9.30 – 12.30
MONDAY 4	Music - Listening (Core)	- H & O	1.30 – 3.00
	Music Composing	- H & O	3.15 – 4.45
TUESDAY 5	Music - Listening (Elective)	- H	5.00 – 5.45
	Economics	- H & O	9.30 – 12.00
WEDNESDAY 6	Religious Education	- O	2.00 – 4.00
	Religious Education	- H	2.00 – 4.30
THURSDAY 7	Applied Mathematics	- H & O	2.00 – 4.30
	Italian	- H & O - Written	9.30 – 12.00
FRIDAY 8	Italian	- Aural	12.10 – 12.50
	Russian	- H & O - Written	9.30 – 12.00
MONDAY 11	Russian	- Aural	12.10 – 12.50
	Classical Studies	- H & O	2.00 – 5.00
TUESDAY 12	Latin	- H & O	2.00 – 5.00
	Technology	- O	2.00 – 4.00
WEDNESDAY 13	Technology	- H	2.00 – 4.30
	Japanese	- H & O - Written	9.30 – 12.00
THURSDAY 14	Japanese	- Aural	12.10 – 12.50
	Politics & Society	- H & O	9.30 – 12.00
FRIDAY 15	Arabic	- H & O	9.30 – 12.30
	Physical Education	- H & O	2.00 – 4.30

