



**CSPPA 2022: Parent/Guardian Consent Form**  
**The Children's Sport Participation and Physical Activity Study**  
**(CSPPA 2022)**

Dear Parent/Guardian,

Please find overleaf an informed consent form for your child's participation in the Children's Sport Participation and Physical Activity Study (CSPPA). This study is being carried out by the University of Limerick, Dublin City University, University College Cork and Ulster University in a selection of schools throughout the country. It is supported by Sport Ireland, Healthy Ireland, Sport Northern Ireland and the Department of Education.

Participation in CSPPA 2022 will involve your child completing a physical activity questionnaire. This questionnaire will be filled out with the help of their teacher.

In order for your child to **participate** in this study, please read and explain the study to your child. If you would like them to participate, please again read and explain the study to your child, but **NO further action is necessary**.

If you would prefer that your child did **not take part** in the study, please **sign the attached form and return to the teacher**.

Thank you for your time.

Yours sincerely,

*Catherine Woods*

Prof Catherine Woods,  
Chair of Physical Activity and Health,  
University of Limerick.  
Principal Investigator – CSPPA 2022



An Roinn Oideachais  
Department of Education





## Informed Consent Form – CSPPA 2022

**Project Title:** Children’s Sport Participation and Physical Activity (CSPPA 2022)

**Investigators:** Prof Catherine Woods (UL), Dr Sarahjane Belton (DCU), Dr Wesley O’Brien (UCC), Dr Marie Murphy, Dr Paul McFlynn (UU)

### Introduction to the study:

Physical activity has been shown to be extremely beneficial to youth, however, in order to develop effective physical activity programmes for young people, it is important that researchers understand what influences them to become and remain active.

### During the research project:

- Your child will be asked to complete a physical activity questionnaire. This will take place during normal school hours, and will take about 35 minutes to complete. The questionnaire will ask them about their lifestyle and their views on physical education, physical activity and youth sport. These questions have been used with other young people.
- All information gathered will be treated in the strictest of confidence. Your child will not be asked to put their name on this questionnaire, and your child’s identity will not be revealed in any publication or presentation arising from the project. Confidentiality of information provided can only be protected within the limitations of the law. It is possible for data to be subject to subpoena, freedom of information claim or mandated reporting by some professions.

### Please read Option 1 and Option 2 below and complete as appropriate

#### Option 1: Child to be included in the study

I have read and understood the information in this form. I have read and explained the information in the form to my child. The researchers have answered my questions and concerns, and I have a copy of this consent form. I understand that all children, including my child, are included in this study.

**ACTION: No further action necessary. Please file this consent form for your own records.**

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#### Option 2: Child to be removed from the study

I have read and understood the information in this form. I have read and explained the information in the form to my child. The researchers have answered my questions and concerns, and I have a copy of this consent form. I request that my child is **not** included in the study. I understand that my child will not be penalised in any way for doing this.

**Parent/Guardian Signature:** \_\_\_\_\_

**Name in Block Capitals:** \_\_\_\_\_

**Childs Name in Block Capitals:** \_\_\_\_\_

**Witness:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**ACTION: To advise the research team of your decision, please sign and return this form to your Child’s teacher for attention of the CSPPA Research Team.**



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