



**CSPPA 2022 Parent/Guardian Information Sheet  
The CSPPA Study  
Children's Sport Participation and Physical Activity**

**Please read the below information**

- Your child's school is involved in a physical activity study called the Children's Sport Participation and Physical Activity (CSPPA) study.
- CSPPA 2022 is the third edition of this research study, with CSPPA having taken place previously across Ireland in 2010 and 2018.
- CSPPA is an all-island research project that monitors levels of participation in physical activity, physical education and youth sport amongst children from 10 – 19 years old. Its results are used to inform policy and practice, with the aim of increasing physical activity participation levels. Now, more than ever, it is vital that we monitor and understand young people's engagement in physical activity, physical education and sport, in order to support their physical health, and mental health and wellbeing.
- CSPPA 2022 will be carried out by the University of Limerick, Dublin City University, University College Cork and Ulster University.
- CSPPA 2022 is funded by Sport Ireland and Healthy Ireland and supported by the Department of Education.
- For this study, your child will be asked to complete a physical activity questionnaire that will take approximately 35 minutes. Your child will fill out the questionnaire with the help of their teacher
- Your child can stop being part of this study any time they want to. They can let you, or their teacher know and they will not have to take part.
- All of the information your child gives will be completely confidential. Your child's identity will not be revealed in any publication or presentation arising from the project. This will be within the limitations of the law. It is possible for data to be subject to subpoena, freedom of information claim or mandated reporting by some professions.
- If you have any questions about the study you can contact one of the researchers listed below.

**Primary investigators and contact details.**

Name	Institution	Phone	Email
Catherine Woods	University of Limerick	061-202370	<a href="mailto:catherine.woods@ul.ie">catherine.woods@ul.ie</a>
Kwok Ng	University of Limerick		<a href="mailto:kwok.ng@ul.ie">kwok.ng@ul.ie</a>
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An Roinn Oideachais  
Department of Education





## CSPPA 2022 Participant Information Sheet

### The CSPPA Study Children's Sport Participation and Physical Activity

#### Please read the below information

- My school is involved in a physical activity research study called the Children's Sport Participation and Physical Activity study (CSPPA 2022).
- CSPPA is a research study that looks at how children aged 10 – 19 years old take part in physical activity, physical education and sport. Results from CSPPA are used to find ways to help children engage in more physical activity.
- The research study will be carried out by University of Limerick, Dublin City University, University College Cork and Ulster University.
- CSPPA 2022 is funded by Sport Ireland and Healthy Ireland.
- During the study, I will complete a physical activity questionnaire that will take approximately 35 minutes. I will fill out the questionnaire with the help of my teacher.
- I can stop being part of this study any time I want to. I can let my parent/guardian or teacher know and I will not have to take part.
- All of the information I give will be completely confidential. My identity will not be revealed in any publication or presentation arising from the project.
- If I have any questions about the study I can ask my teacher or one of the researchers listed in the box below.

#### Primary investigators and contact details.

Name	Institution	Phone	Email
Catherine Woods	University of Limerick	061-202370	<a href="mailto:catherine.woods@ul.ie">catherine.woods@ul.ie</a>
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